



## **CONNECTING CULTURE WHEEL COMPONENTS AT WORK**

**Here are guiding questions to connect the culture components directly to your work.**

1. **CONFLICT:** How does your way of dealing with conflict inform the way you work with the people on your team? How does your way of dealing with conflict affect your work style?
2. **FIRST LANGUAGE :** What are the various languages people on your team speak? What are the various languages people you serve speak? Write down a list of languages. Next teach yourselves one greeting in another language per month and practice that one greeting each month.
3. **FOOD:** What types of foods are shared within your family and friend groups? What is a food that correlates with a holiday or tradition in your life? What is your favorite food? Tell a quick story of your first time eating it.
4. **HEALTH PRACTICES:** What medicines of health practices did your family have growing up? What are current health practices that you would recommend to a friend? Are there any health remedies that you have learned about? What messages were you taught about healthiness or unhealthiness?
5. **HOME/ENVIRONMENT:** How is your culture reflected in the physical environment of the office? If it is not, how can it be? What does inside your home/office look like? How do you think it impacts you or others on a day to day basis? What features feel important to you to be able to call a place home? What physical features are important for you to feel comfortable in your work space?
6. **MUSIC/DANCE:** What type(s) of music did you grow up listening to? How has music or dance influenced your life (as a child and/or as an adult). Tell a quick story of a song or dance that reminds you of a moment in your past. What music do you listen to while you are working?
7. **NICKNAMES:** What are the acronyms or jargon words we use in our work together that we are made to say more explicitly for global understanding? What does your workplace deem appropriate or inappropriate when addressing one another (ie, using first names, titles, nicknames, etc.) Share the story of your name and/or share the story of your nickname.
8. **RACE/ETHNICITY:** How do you identify racially or ethnically? Share a quick story about how your race/ethnicity has impacted your worldview. Share a quick story of the first time you remember recognizing your race/ethnicity. What messages do you hear about your race/ethnicity? How did your family or friends discuss race/ethnicity in your upbringing?



9. **RELIGION/SPIRITUALITY:** What are religious or spiritual practices you have witnessed or participated in within your community/society? Are there rules in your culture about how to discuss religion or spirituality? How does religion or spirituality come up in your workplace?
10. **SPORTS:** What sports games or activities can we attend as a team to help us bond? What games/activities have you played with teams before that you would like to share with this group? Share with your group your favorite sport/game and why.
11. **TRADITIONS:** What traditions do you celebrate that we should consider celebrating in the workplace? What are some traditions within the workplace that you would like to change? How does the workplace encourage team members to share their traditions with colleagues and workgroups?
12. **WORD/PHRASES:** What are words or phrases that you use in the workplace that are specific to your field or workplace culture? What is a word or phrase that you or your family used growing up? Share a quick story about its meaning. Tell a story about a time you did not understand a word or phrase and how it impacted your experience.